

Early warning signs that I need help are:

When I have any of these early warning signs I will:

The resources I have available to me are! (Include telephone numbers)

If I go into crisis I would like ACCESS to:

<div> <div>Client Signature</div> <div>Date:</div> </div>	<div> <div>Staff Signature:</div> <div>Date:</div> </div>
---	---

County of San Diego  
Health and Human Services Agency  
Mental Health Services

**CRISIS/RECOVERY PLAN**

HHSA:MHS-116 (10/9/2002)

**Client:** \_\_\_\_\_

**MR/Client ID #:** \_\_\_\_\_

**Program:** \_\_\_\_\_